

July 2014

Brenham Citizen Police Academy Alumni Association

The Informant

Food, Fun and Fellowship at the Annual Picnic!



Dates to remember :

- General Meeting 7pm 7/14
- Hot Nights Cool Tunes 7/11
- Hot Nights Cool Tunes 7/18
- Hot Nights Cool Tunes 7/25



July Birthdays

- Michael Davis 7/2
- Steven Eilert 7/18
- Jonathan Phipps 7/20
- Chris Jackson 7/24
- Curtiss Schoen 7/28
- Seth Klehm 8/3



A Good Time was had by all!!!



Citizens on Patrol

Juneteenth Parade

Thanks to the following COPs for their help at the Juneteenth Parade held Saturday June 14th. Riding in the parade representing the COPs were: **Dustin Brown, Annette Tiemann, Jean Winters, and Cathy Langan.** Traffic and Crowd Control was handled by: **Jack Murski, James Bassett, Annette Tiemann, Clyde Averitt, Tex Davis, Manija Whitman, Stan Ford, Bob Cothorn, Rob Aguilar**

Blue Bell Picnic

Thanks to the following COPs for their help with Traffic Control and Parking Cars for the Blue Bell Picnic 6-7-14: Dorothy Antkowiak, Dale Green, James Bassett, Tom Painter, Kevin Braun, Willie Brown, Stan Ford, Albert Green, Darius Smith, Xochitlmari Rangel, Dustin Brown,



Thanks to the following COPs for help at the Carnival at the Dog Park Fingerprinting Assignment: Stan Ford, Millie Keller, Jean Winters, Wayne Brown, Michael Cowan, Rob Aguilar

Thanks to those COPs that came out for the Movies In the Park on 6-12-14 and 6-26-14

Also thanks to those COPs that worked the Amphitheatre for the play Much Ado About Nothing on 6-29-14

Thanks to the following COPs for their help at the Christian Concert at Silver Wings on 6-21-14: Dorothy Antkowiak, Tex Davis, Vanessa Martinez, Dale Green, Cathy Langan, Jean Winters, Billy Yawn, Clarence Steinfeld

Thanks to the following COPs for help at the Blue Bell Parking Assignment on 7-4-14: James Bassett, Albert Green, Clarence Steinfeld, Mark Smith, Corina Smith, Annette Tiemann, Ron Upchurch

Below: Constable Carroll Charles "Butch" Faske, Guest Speaker at our June Meeting gave us an informative and in depth look into the Constable's Office. His and his deputies duties, responsibilities, and experiences; and answered all of our questions.

THANKS BUTCH!



June COP Hours

Rob Aguilar	45.75
Wanda Aguilar	5.5
Dorothy Antkowiak	29.5
Clyde Averitt	7
James Bassett	11
Scott Boll	9
Kevin Braun	5
Sue Braun	10
Dustin Brown	37.25
Wayne Brown	10
Willie Brown	6
David Clinkenbeard	6.25
Sandra Clinkenbeard	6.25
Bob Cothorn	6.25
Michael Cowan	12.5
Remona Cross	2
Glen Daugherty	29
Tex Davis	146.5
Peter Emerson	5.75
Stan Ford	43.5
Albert Green	18.25
Dale Green	20
Juanita Hickey	14.5
Jim Hollister	6
Helen Jordan	15
Bernadette Kamprath	2
Millie Keller	26.25
Cathy Langan	10.5
Vanessa Martinez	43.75
Julia Moore	2.5
Jack Murski	33
Jerry Ondrias	17
Tom Painter	8.25
Carole Petzolt	2
Monroe Petzolt	2
Jerry Pieper	7.5
Xochitlmari Rangel	12
Corina Smith	8
Dairius Smith	17.75
Mark Smith	4.75
Tony Smith	20.5
Clarence Steinfeld	31.25
Billy Sutherland	9.5
Annette Tiemann	4.5
Ron Upchurch	26
Manija Whitman	23.75
Jean Winters	14
Ron Wise	2
Catharine Wood	2
Chuck Wood	2
Billy Yawn	27
TOTAL	867.5

July 2014

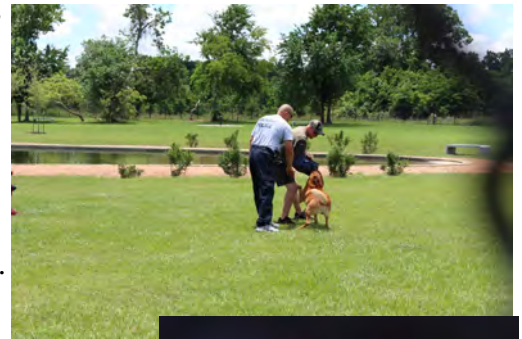
Citizens on Patrol



At Left: Chris Jackson, Michael Cowan, Stan Ford, Rob Aguilar, Millie Keller, Jean Winters and Wayne Brown made their own shade for the "The Carnival at the Dog Park" fingerprinting assignment 6-7-14. Above: K-9 Officer Ronnie was right at home at the Dog Park!



At left: Cpl Seth Klehm supervises K-9 Officer Ronnie as he subdues suspect (Officer Lance Weiss) during the 11 am Demo at the Carnival at the Dog Park. At right: It's the 1 pm Demo with Officer Mark Pierce supervising K-9 Officer Sammy as he subdues suspect (Officer Jonathan Phipps). The crowd got quite a show at either performance.



At left: Manija Whitman, Stan Ford and Xochitlmari Rangel were presented their Haz-Mat Awareness Level Certificates at the June Meeting.



At right: Our New Optional (Embroidered) Badge



At left: Juanita Hickey is presented with the first ever First Quarter Office Angel Award by Jean Luera.

At right: Our latest COP Meeting. COP Meetings will be held the last Monday of every other month.



Take the Plunge

By Rob Aguilar

There is a recent trend that has been sweeping the Brenham Community, particularly the Brenham Police Department and our Fire Department. It's called the "Cold Water Challenge". A few weeks ago I was chatting with our Liaison Officer, Chris Jackson, he asked if I had heard of the Cold Water Challenge; it's all over Facebook, he said. And I've been challenged. Well that's all well and good, I thought to myself; but we were interrupted before he could explain it to me (I'm not on Facebook). I didn't think about it for a few days; until I witnessed a Challenge first hand.

I was just leaving BPD after a Ride-Along, when I noticed Officers, Ashley Burns and Heather Sowders, very very casually dressed and Officers Schiller and Dudenhoeffer placing a large ice chest (filled with ice and water) directly behind a chair in front of the sallyport. Lt. Gully was readying his camera; must be a Cold Water Challenge, I thought. So I hung around to watch the ordeal. Ashley was first, she was filmed declaring that she was taking the challenge because she was "called out" by Lt. Gully, she declared his charity organization and, as is customary, she called out the names of five other individuals (including Schiller and Dudenhoeffer) that she is challenging to do this for her charity. The video will be placed on Facebook and or on Youtube for those challenged to view. Ashley sat in the chair and nervously waited for Schiller and Dudenhoeffer to empty the contents of the ice chest on her. After that cold, cold water shower Ashley jumped up and ran away, she grabbed the first towel she saw for some comfort. Next it was Heather's turn for the shower, she declared that she was challenged by her "awesome Lt." Trey Gully; she seemed calmer. After the cold, cold shower from the ice chest she calmly rose, grabbed a towel and dried off. Is she from up north, I thought to myself; she seemed refreshed. Anyway, it will be Schiller and Dudenhoeffer's turn sometime in the next 24 hours; I wondered if they will be laughing as hard then as they were just now. **Looked like fun, but I'll pass.**

I was curious as to just exactly what a Cold Water Challenge is and where it originated. So I turned to the internet and did a little research. It appears that the Challenge is an unsanctioned spin-off of the Polar Plunge, most widely used by the Special Olympics as a fundraiser. And everyone has no doubt seen news footage of Polar Bear Club members diving into the freezing waters during winter time. A couple of sources say that this spin-off originated in the fire service and is spreading like wild fire (excuse the pun). The rules of the challenge are quite simple: 1. You are nominated to complete the challenge by someone who has done just that. 2. You have 24 hours to complete the challenge and to donate usually \$10 to \$20 to the charity of choice as defined by the person nominating you. 3. If you are unable to complete the challenge you donate usually \$50 to \$100 to the charity they defined (the amount of the donation varies, but it is usually \$10 to \$20 if completed and \$50 to \$100 if unable to complete). 4. If you complete the challenge, upload the video of you completing it onto Facebook or Youtube and nominate five

more individuals to do the same; you will also define the charity or charities that will benefit. So, as you can see, the number of people participating multiplies quickly and exponentially. All this has a wonderful by product; the beneficiaries of all this fun are the various charities whose donations are also multiplying exponentially!

P. S. The above trend was moving so rapidly; by the time you read this it may no longer be trending. The trend that I do hope continues is that of giving. There are many worthwhile charities out there that need our support; whether it is time or money or both. So give what you can; because it feels good to give!



Officers' Heather Sowders and Ashley Burns getting physicked up for their challenge.



Ashley goes first. The icy bath is courtesy of Officers' Justin Schiller and David Dudenhoeffer.



Heather has her turn; how refreshing! Justin and David will have their turn tomorrow!!

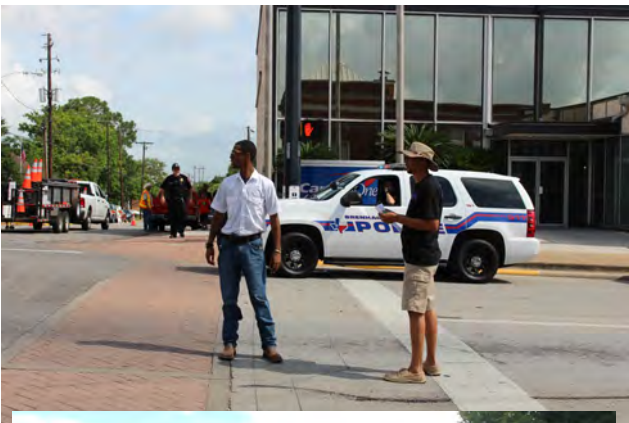


At left: Officers Lance Weiss, Jonathan Phipps and David Dudenhoeffer assist nursing home residents back into their rooms following a smoke scare at their facility.

At right: Cpl Ortega, Officer Mitchell and Officer Pierce investigate a near fatal car crash. Not pictured-COPs Tex Davis and Vanessa Martinez were blocking the roadway to aid the investigation.



JUNETEENTH PARADE 2014



Beat The Heat

By Rob Aguilar

Summer is here, as evidenced by the sweltering heat, our “Summer Picnic”, the start of Brenham’s Concert Series “Hot Nights Cool Tunes” and my dry grass. Just a friendly reminder; keep cool, hydrate, and use sun screen. All the common sense stuff that Mom told you as a child still holds true today. Mom’s advice, while good, is not the focus of this article. Heat related illness, is the topic today - Heat Cramps, Heat Exhaustion and Heatstroke.

I know full well that I along with several of you will suffer the symptoms of heat related illness (I already have this season)! Yard work, house painting, building something outdoors, and COP work will put many of us in jeopardy. Yes, COP work may be hazardous to your health; especially traffic control/parking assignments. So remember to take care of yourselves, who else will. Take frequent breaks (in a shady or air conditioned location), drink lots of fluids, wear a hat or cap while out there directing traffic.

Heat Cramps are painful muscle spasms that occur after vigorous exercise, whether you are outdoors or not. Sweat produced during strenuous exercise causes a change in the body’s electrolyte, or salt, balance. This dehydration plays a role in the development of muscle cramps/heat cramps. Treatment for heat cramps is as follows: remove the patient from the hot environment; loosen any tight clothing; rest the cramping muscles; replace fluids (water works best, but a balanced electrolyte solution like Gatorade can be used, especially if diluted to half strength). If the cramps do not subside, go to the hospital.

Heat exhaustion is the result of the body losing so much water and so many electrolytes through very heavy sweating that hypovolemia (fluid depletion) occurs. Signs and symptoms of heat exhaustion (and hypovolemia) are: heavy sweating while working hard or exercising in a hot, humid, or poorly ventilated area; heavy sweating even at rest in a hot, humid, or poorly ventilated area; cold, clammy skin with ashen pallor; dry tongue and thirst; dizziness, weakness, or faintness, with accompanying nausea or headache; normal vital signs, although the pulse is often rapid; normal or slightly elevated body temperature (can be as high as 104F). Treatment for Heat exhaustion include: remove the patient from the hot environment; loosen an tight clothing; lie the patient down and elevate the legs; fan the patient; encourage them to drink fluids if they are fully alert (don’t force fluids if not fully alert, the patient may aspirate the fluids into the lungs); if the symptoms do not clear up promptly, transport to the hospital.

Heatstroke is the most serious of the heat related illnesses. Heatstroke occurs when the body is subjected to more heat than it can handle, and the body temperature rises rapidly (to the level at which tissues are destroyed). Untreated heatstroke always results in death. Heatstroke can develop during vigorous physical activity or when outdoors or in a poorly ventilated, humid space. It also occurs during heat waves among individuals who live in buildings with no air conditioning or with poor ventilation. Many patients will have hot, dry, flushed skin because their sweating

mechanism has been overwhelmed. However, in the early stages of heatstroke the skin may be moist or wet. Body temperature may rise to 106F or more. As the body core temperature rises, the level of consciousness falls. Often, the first sign of heatstroke is a change in behavior; and the patient becomes unresponsive very quickly. Take the following steps when treating heatstroke: After calling 911 move the patient to a cool environment; remove clothing; apply cool packs to the neck, groin and armpit areas; cover the patient with wet towels or sheets or spray with cool water and fan him or her to evaporate the dampness on the skin; aggressively and repeatedly fan the patient; the patient must be transported to the hospital as soon as possible. Be advised that Heat Cramps and Heat Exhaustion can progress to heatstroke if not treated; and heatstroke always causes death if not treated.

I broke out my old EMS Textbook to be sure that all the information I thought to be correct on the subject was indeed correct. The format I used was so that you could help someone in need, but the information could also help you save yourself. So let's try and stay cool this summer, be safe, be smart.



At left: COPs that helped with School Traffic and the Blue Bell Creameries Spring Break Parking Assignment were issued a Polo Shirt (Our Official Optional Uniform Shirt)



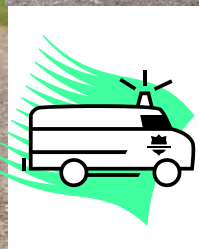
More Picnic Photos!



B P D SWAT TEAM

Training Day 6-25-14





Top and above left: BPD Patrol Division Command Staff (Left to Right) Sgt. Lloyd Powell, Sgt. Curtiss Schoen, Lt. Dant Lange, Sgt. Kelvin Raven, Sgt. Jason Derrick (Above Right) Sgt Derrick shows how he can multi-task (yes, that's one phone in each ear) as Chief Phelps looks on with pride (I think?)



BPD/CPAAA Annual Picnic 2014



2014 Executive Board

James Bassett—President

jab741@gmail.com

Tom Painter—Vice President

paintertr@hotmail.com

Sue Braun—Secretary

suebeehoney@sbcglobal.net

Mark Smith—Treasurer

mss5124@yahoo.com

Wanda Aguilar

robandlei@att.net

Dustin Brown

dbro2012@aol.com

Albert Green

Albert_green99@yahoo.com

Charles Lewis

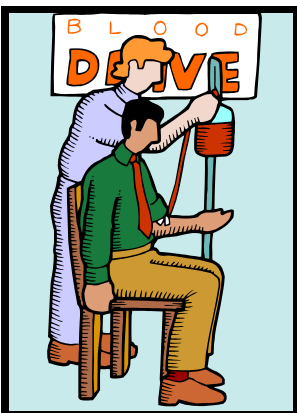
lewisconstruction@live.com

Nicole Lowe

Sweet_nikki887@hotmail.com

Annette Tiemann—Outgoing
Pres.

annettet1950@yahoo.com



The next Guns and Hoses Blood Drive 2-Day Event will be held on Friday August 15th and Saturday August 16th. The Donor Coach will be at City Hall (200 W. Vulcan) on Friday 8-15-14 from 9 am to 3 pm. The Fireman's Training Center will be the location of our Saturday Blood Drive 8-16-14 from 9 am to 3 pm. We will need volunteers to man the front desk at the Training Center and possibly help with the food preparation and distribution. If you can help, please call Rob at 451-2612. And as always, we need volunteers to *Donate Blood*. See you all there!